

MORECAMBE FOOD BANKS & FOOD CLUBS

WHERE?	WHEN IS IT?	WHAT THEY OFFER
<u>Morecambe Bay Foodbank</u> Anchor Building, 86 Westgate, Morecambe, LA3 3DD	Monday to Friday 9am-3pm Speak to, Lancaster City Council Hub on 01524 582000 Or Citizens Advice Bureau on 01524 932001 for referral	Food parcel home delivery, emergency food support. *Voucher required, attained via referral.
<u>People -Food-Community</u> (Egg Cup) 21 Albert Road, Morecambe, LA4 4HD <i>Contact: 01524 928027 / admin@eggcup.org</i>	Open for collections, Monday to Thursday	Food pantry supporting those with low income, toiletries, household items for small fees. *Membership required & book a time slot.
<u>West End Impact</u> 4-10 Heysham Road, Morecambe, LA3 1DG <i>Contact: 01524 888929 / infowestendimpact.org.uk</i>	Food parcels, Tuesday & Thursday 10am-1pm Takeaway meal, Thursday 10am-1pm, Sunday 1pm-2:30pm <i>Well-being Wednesdays 10am-1pm (therapy sessions)</i>	Food parcels, takeaway meals, emergency food support, drop-in services which offer advice & guidance, job & property searches. *No membership required.
<u>Stanleys Community Centre</u> 79 Stanley Road, Morecambe, LA3 1UT <i>Contact: 01524 410076 / stanleyscommunitycentre@gmail.com</i>	Food club Tuesday 2pm-6pm (Supply own bags) <i>Well-being Wednesdays – 11am, meditation, 12-1pm brew & chat, 1:30pm-3pm craft session, well-being journalling, 3pm walk & talk.</i>	Emergency food, weekly sessions for residents of all ages, regular drop-in sessions for advice & guidance.